











## Identifying Coronavirus Symptoms

Many symptoms of the flu, common cold, and coronavirus (COVID-19) are similar. While it can be difficult to distinguish between the three viruses, there are some differences that can be used to identify each condition.

Symptoms		Coronavirus	Cold	Flu
		Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
	<b>Fever</b>	Common	Rare	Common
	<b>Fatigue</b>	Sometimes	Sometimes	Common
	<b>Cough</b>	Common (usually dry)	Mild	Common (usually dry)
	<b>Sneezing</b>	Sometimes	Common	No
	<b>Aches and pains</b>	Sometimes	Common	Common
	<b>Runny or stuffy nose</b>	Rare	Common	Sometimes
	<b>Sore throat</b>	Sometimes	Common	Sometimes
	<b>Diarrhea</b>	Sometimes	No	Sometimes for children
	<b>Headaches</b>	Sometimes	Rare	Common
	<b>Shortness of breath</b>	Sometimes	No	No

## We're here to help

Tufts Health Plan is committed to making sure you have access to the health care services you need throughout the coronavirus (COVID-19) outbreak. For the latest information, visit:

**[thpmp.org/coronavirus](https://thpmp.org/coronavirus)**